

B12 With Folate

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 90

Amount Per Serving

%DV

Folate (as L-Methylfolate, Metafolin®)	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	1,000 mcg	16,667%

Other Ingredients: Xylitol, hydroxypropyl cellulose, natural black cherry and vanilla flavor (milk), vegetable stearate.