

Super B Complex

Supplement Facts

Serving Size: 1 Vegetarian Capsule

Servings Per Container: 90

	Amount Per Serving	%DV
Thiamine (Vitamin B-1)	55 mg	3,667%
Riboflavin (Vitamin B-2)	55 mg	3,235%
Niacinamide	200 mg	1,000%
Vitamin B-2 (as Pyridoxine HCl).....	55 mg	2,750%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	100 mg	1,667%
Biotin.....	200 mcg	67%
Pantothenic Acid (as Calcium Pantothenate).....	55 mg	550%
PABA (Para-Aminobenzoic Acid)	55 mg	*
Inositol.....	55 mg	*
Choline (from Choline Bitartrate)	26 mg	*

*Daily Value not established.

Other Ingredients: Cellulose, stearic acid, vegetable stearate, and silica