

Methyl Folate

Supplement Facts

Serving Size: 1 Tablet

Servings Per Container: 60

Amount Per Serving

%DV

Folate (as L-Methylfolate, Metafolin®).....	1000 mcg	250%
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Other Ingredients: Cellulose, dicalcium phosphate, croscarmellose sodium, vegetable stearate, and silica.